



# Korean American Community Foundation Colorado Leadership Program

## KACFC Leadership Program Overview

### **Description:**

The KACFC Emerging Leadership Program is an annual program that builds the leadership skills of young adults by clarifying cultural values, exploring interests, and practicing the application of real-life skills through workshops, mentorship, and service projects. This program is designed to utilize an introspective approach so that students can examine and build upon capabilities that all individuals possess.

### **Purpose:**

The program is designed to assist young adults in the community in developing their leadership skills by helping them recognize their capabilities, become motivated, increase their self-awareness, and produce positive changes within themselves to help others reach their full potentials as well.

### **Program summary:**

This pilot program duration is six months and is comprised of three 3 tasks: 1) Three workshops with telephone conferences scheduled in-between modules. Each workshop includes a variety and blend of learning styles (e.g., visual, kinesthetic, auditory, and tactile) and preferences (e.g., thinking versus acting, working alone versus working with others); 2) Mentoring program (match each program candidate with a mentor during six months program); and 3) Community Service Project (each candidate will serve community and write a final report of their experience).

#### ❖ Module 1: Know Yourself!

- Emotional intelligence is a valuable part of successful leadership. This module will explore the foundation of emotional intelligence: self-awareness. Participants will:
  - Discover their life purpose, values, and passions
  - Build upon their personal strengths
  - Clarify the impact of cultural values and stereotypes

#### ❖ Module 2: Express Yourself!

- Personal expression is the key to communicating your personal brand. This next module builds skills in self-management and social awareness, two more facets of emotional intelligence, through improvisational training. Participants will:
  - Gain tools to help them free their minds and react quickly to any situation
  - Learn how to “stay in the moment” by honing their listening skills

- Become aware of the intent versus the impact of their actions
- ❖ Module 3: Give Yourself!
  - It's time to put those leadership skills into action. This last module will engage participants in the last facet of emotional intelligence, relationship management, as well as:
    - Set goals for their personal project
    - Practice public speaking by presenting their project to their peers
    - Build effective conflict resolution skills
    - Learn about the 8 EQ leadership skills and when to use them

## Selection Process

### Eligibility Requirements

Potential candidate must be a college student or young professional (age 21- 30)

### Application Checklist

1. Complete the KACFC Leadership Program Application attached (pages 4)
2. Resume (include academic achievements, service, organization involvement, work/volunteer experience etc.)
3. Transcript from most recently attended institution (can be unofficial, but must show GPA)
4. 2 page Essay (page 5)
5. Three References (Name, address, phone number and e-mail address)
6. Letter of Recommendation (page 6) – One letter from either Academic School Teacher/Advisor OR Community Service Leader/Organizer
7. The program fee for the selected applicants is \$100 due by the first day of workshop. If there is a financial hardship, a scholarship is available for the candidate to apply.

**Application should be submitted by:**

E-mail: [leadership@kacfc.org](mailto:leadership@kacfc.org)

Leadership Program Chair: Alexandria Joo | Mobile: 720-295-2451

**Deadline for all applications and all required materials to be received by Friday, February 19, 2016, 5:00pm.**

### Review Process

All completed and eligible applications are reviewed and discussed by a selection committee and candidates are evaluated based, in part, on their articulation of leadership, learning and project goals and their plans for achieving them. Compelling candidates are selected to meet with an interview committee for further consideration.

Qualified applicants will be interviewed by the selection committee on **Sunday, February 28, 2016** - After 3 p.m. Exact time to be announced to individuals. (Note: not all applicants will be interviewed.)

## **Instructor Erin Yoshimura:**

Erin Yoshimura is the Executive Director for the Colorado Dragon Boat Festival, a 501c3 non-profit organization.

Prior to joining the Colorado Dragon Boat Festival, Erin established Empowerful Changes TM, a company that focuses on empowering clients to find their voice and stand with vigor through emotional intelligence training, personal branding and neuro-coaching.

She's created training programs, workshops and keynotes for clients including KUSA (Gannett), Raytheon, MillerCoors, Colorado State University, University of Colorado at Boulder, National Association of Asian American Professionals, Comcast-NBC Universal and ConocoPhillips. Erin coaches Executive Directors and Emerging Leaders for Los Angeles-based LEAP (Leadership Education for Asian Pacific, Inc). She developed and conducts an Emerging Leaders Program in Denver for Asian American Pacific Islanders.

Erin is a certified Personal Brand strategist, certified Emotional Intelligence trainer, and a certified coach. Erin is undergoing certification in Mindful Facilitation for StirFry Seminars, founded by Lee Mun Wah (Color of Fear) a nationally-recognized master in diversity and communications training.

In 2014, Erin was the first Asian American to be awarded the Livingston Fellowship, a program of the Bonfils-Stanton Foundation.



## **Leadership Program Application**

Name \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Home/Work Phone ( ) - Cell Phone ( ) - \_\_\_\_\_

Gender  Male  Female

Date of Birth / / \_\_\_\_\_

Ethnicity \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone \_\_\_\_\_

Relationship \_\_\_\_\_

### **Applicant Commitment**

I understand the purposes of the Korean American Community Foundation of Colorado Leadership program and if I am selected I will devote the time, energy, and resources necessary to complete the program. *Even though emergencies do arise, any participant missing more than one of the sessions, for whatever reason, may be asked to withdraw from the program and no portion of the tuition shall be refunded.* Arriving more than one hour late or leaving more than one hour early will be considered an absence. I understand the above commitments and agree to be bound by them in signing this application.

\_\_\_\_\_  
Applicant Signature

\_\_\_\_\_  
Date



## **Leadership Program**

### **Essay Questions**

Please submit your typed response to the following essay questions, thoroughly and thoughtfully, as a separate file (titled "Essay - Last Name, First Name"). You are limited to two (2) pages, Times Roman Font, Font Size 12, to answer all questions, so think about each answer carefully.

1. What has been a difficult struggle for you and how have you overcome it?
2. Briefly describe how you define leadership.
3. Please tell us why we should select you for this leadership program.
4. If you could take on a community project, what would it be and why?
5. What is your goal?



## Letter of Recommendation

Candidate's Name (Recommendation for) \_\_\_\_\_

Your Name \_\_\_\_\_

Your Title \_\_\_\_\_

Your Signature \_\_\_\_\_

Organization Name \_\_\_\_\_

Please describe:

1. Your relationship with the candidate
2. What attributes of leadership, service, and academics does he/she exhibit?
3. What events or projects have you worked with him/her?
4. How has he/she been a role model or leader?
5. Overall, why are you recommending him/her to be in the Korean American Community Foundation Leadership Program?

*Please provide a separate sheet (prefer limit to 1 page). May also e-mail the letter to [leadership@kacfc.org](mailto:leadership@kacfc.org) by Friday, February 19, 2016 5:00 pm.*